

### Confidentiality with minors

- If a minor states that they intend to complete suicide with means and plan, then the clinician is required to break confidentiality.
- If a minor states that they are using a new form of self-harm, then the clinician is required to inform parents.
- If a minor states that they have been neglected or abused either sexually or physically, then the clinician is required to break confidentiality.
- If a minor states that they have an intention with means and plan to hurt someone else, then the clinician is required to warn the intended victim and call the police.
- A clinician will not disclose a patient's sexuality and/or gender identity to parents.
- Confidential care means that the clinician does not reveal any information to anyone without the patient's consent. Exception of parent or if parent gives consent to release.
- Once the minor turns 18, the therapist is legally required to keep the patient records (progress notes) for a minimum of 3 years.
- A minor's medical records, and the information contained within them, are generally confidential. This means that, in most instances, only the minor patient has access to his or her medical records. Arizona law allows a minor's parents to obtain the medical records upon the parents' written request. However, in situations in which the minor has exercised their ability to consent, the right to confidentiality is also preserved. Ex: Married, active military duty, emancipated by court
- Arizona law does not specifically address the right of minor parents or pregnant minors to consent to their own health care.
- A clinician does not have to report minor's evidence or report of sexual activity if the sexual activity involves minors aged 14 through 17 and there is no evidence than the sexual activity was anything other than consensual.
- A clinician must report consensual oral sex or intercourse with a minor aged younger than 16 years old whose partner is 18 or older as sexual abuse.
- Any current substance use that is done illegally will be reported to parents/guardian. If parents/guardians are supplying the substances illegally, that will also be reported to appropriate authorities.